



## CRANIOSYNOSTOSIS DISCHARGE INSTRUCTIONS

### Discharge: Your child can go home when he or she:

- Is eating a regular diet (age appropriate).
- Has completed a 24 hour course of IV antibiotics since surgery.
- Has pain controlled with only Tylenol and/or Motrin.
- Has had no fever in the past 24 hours and is not anemic.

### Pain medication:

- You may give Tylenol (acetaminophen) or Motrin/Advil (ibuprofen) on an as-needed basis, or you may give them on a schedule

### What to feed:

- Regular age appropriate diet, no restrictions.
- Encourage juices if bowel movements seem difficult for your child.

### Activity:

- Quiet play.
- Bumper pads on crib rails for infants and toddlers.
- Place a pillow or wedge under the crib mattress to lift up the head of the bed. Do this for the first 2 weeks after surgery to help any swelling go away faster.

### Wound care:

- If your child was discharged from the hospital with a bandage/dressing on his/her head, you may remove it two days after surgery.
- After the dressing has been removed, clean the incision twice daily with 1/2 strength hydrogen peroxide and apply antibiotic ointment (bacitracin or other, can be found at local drug store).
- You may wash the areas around the incisions with a washcloth and gentle shampoo, but avoid washing directly over the incisions until told to do so by your doctor(s).

### When should I call the doctor?

- Fever higher than 101.5 tympanic/oral (or 100.5 axillary).
- Incision becomes reddened, swollen, warm to the touch, or more painful.
- Pus or any other drainage from the incision.
- Vomiting.
- Increased irritability (fussiness).
- Increased sleepiness.
- Seizure.

### Follow-up with the doctors:

- Follow up with Drs. Teichgraeber and Baumgartner 1 week after surgery. Call the clinic at 832-325-7234 to set the appointment time.
- Your child will need a molding cap (DOC band) to continue correction of your child's head shape. Contact OPA at 281-296-8448 to set the molding appointment to occur no later than 2 weeks after the surgery date.