



Nasal Surgery Post Op Instructions

What can be expected after Nasal surgery?

1. The surgeon will talk with you before the surgery and afterwards. When your child's vital signs are stable, you will be called back to the recovery area where you can hold and feed your child.
2. If restraints are placed on your child's arms to prevent bending the arm close enough to touch the tender area with hands or toys. These restraints can be removed under CLOSE supervision for bathing and exercise. They should be kept on for about a week.
3. If soft silastic (plastic) splints are placed inside the nose, they usually remain for nearly a week. They will be removed in the office during the post op visit.
4. In cases where a small pin is used to hold a rib graft in place, the pin is usually removed in two to three weeks following surgery. Keep the pin clean with half strength peroxide and apply antibiotic ointment (such as Bacitracin) to prevent crusting. The doctor will let you know if a pin is placed.
5. Please do not blow your nose for three weeks after surgery. There may be some drainage during the course of the first week, but this usually stops.
6. Avoid eyeglasses on the bridge of your nose.
7. Do not play any sports that could cause injury for at least six weeks following surgery.
8. Swelling in the nose usually resolves in the first week or two. However, complete swelling resolves usually between six to eight months.
9. If you experience any problems, please call the office (832)325-7234.